



# MOM'S HOPE RETREAT

**Saturday, February 23**

**9:00 AM–4:00 PM**

St. Andrew Lutheran Church

13600 Technology Dr, Eden Prairie

Losing a son or daughter brings a parent the most extreme experience of grief and sadness. You feel alone—as though no one could ever understand the pain you are enduring.

The Mom's Hope Retreat has been created just for moms who are in the same devastating boat of losing a child—of any age.

The retreat speakers are moms who are traveling their own child loss journey. It is our desire that in hearing their stories of how their lives have been challenged, but their faith has been the anchor that has given them strength through life's most turbulent storms, you will have hope.

## Our Purpose

To provide an opportunity for grieving moms to receive comfort and connection through hearing and sharing the stories of faith and hope.

## Retreat Overview

- Speakers share their stories of child loss, grief, faith and hope.
- Small group discussions at tables
- Prayer Opportunity
- Lunch
- Remembrance Activity
- Panel Discussion—Your questions are submitted, responses will be from a pastor and three mothers who have lost a child.
- Closing candle ceremony

## RSVP

There is no cost for retreat. We ask that you register so we can be prepared.

Please include the name and a picture of your son or daughter with your RSVP to Julie Samuelson at [juliemsam@aol.com](mailto:juliemsam@aol.com) or text to 612.750.9759. We plan to have seats designated at tables. We will make every effort to have you seated with others who have a similar age child or type of loss. We ask that you share your type of loss—accident, overdose, health related, or suicide. If you prefer not to share that, it is fine to omit.

## Please use this format when RSVP'ing:

Your name:

Child's name and age: (Please include one photo)

Type of loss:

Anniversary Date:

Questions? Contact Julie Samuelson