



# GROWING THROUGH LOSS

**Tuesdays**

**April 5 thru**

**May 3, 2016**

**7:00 – 9:00 p.m.**

**Registration, 6:30-7:00 p.m.**

**Church of St. Peter**

**1405 Highway 13**

**Mendota, MN 55150**

**651-452-4550**

**For Further Information**

**Call: 651-452-8261**

**E-mail:**

**growingthroughloss@gmail.com**

**www.growingthroughlosstcsouth.com**

*Breakout groups facilitated  
by trained leaders  
who understand  
the grieving process.*

**Each session is complete.  
Attend one or all.**

**Suggested Donation: \$3.00**

**Please register for each session  
at the door.**



**April 5, 2016**  
***“The Grief Journey”***

**Sandie Williams**  
**Retired Pastoral Care Minister**  
**St. John Neumann Catholic Church**



**April 12, 2016**  
***“You Don't Know How Strong  
You are Until Strong is the  
Only Choice You're Given”***

**Cyndee Cummins**  
**Member of St. John Neumann**



**April 19, 2016**  
***“From Darkness to  
Light: Hope, Humor  
and Healing in the  
Midst of Trauma”***

**Dave & Tana Barkhymer**



**April 26, 2016**  
***“Grief and Loss,  
Perhaps a Time for  
Healing?”***

**Father Steve Adrian**  
**Retired Priest with the**  
**Archdiocese of St. Paul**  
**and Minneapolis**



**May 3, 2016**  
***“Remembering with  
Grateful Hearts”***

**Lisa Amos**  
**Pastoral Associate**  
**Church of St. Peter**

**Sponsored jointly by The Interdenominational South Suburban Grief Support Coalition:**

*All Saints, Catholic, Lakeville  
Augustana Lutheran Church, West St. Paul  
Church of St. John Neumann, Catholic, Eagan  
Church of St. John the Baptist, Catholic, Savage  
Church of St. Joseph, Catholic, Rosemount  
Church of St. Peter, Catholic, Mendota  
Church of St. Thomas Becket, Catholic, Eagan*



*Church of the Assumption, Catholic, St. Paul  
Mary, Mother of the Church, Catholic, Burnsville  
Prince of Peace Lutheran Church, Burnsville  
St. James Lutheran Church, Burnsville  
St. Stephen's Lutheran Church, West St. Paul  
Shepherd of the Valley Lutheran, Apple Valley*

**Fall 2016 Series**  
**Augustana Lutheran Church, West St. Paul, MN**  
**Thursdays – September 15, 22, 29 and October 6**