



# GROWING THROUGH LOSS

**Thursdays  
September 15 thru  
October 6, 2016**

**7:00 – 9:00 p.m.  
Registration, 6:30-7:00 p.m.**

**Augustana Lutheran Church  
1400 South Robert Street  
West St. Paul, MN 55118  
651-457-3373**

**For Further Information  
Call: 651-452-8261**

**E-mail:  
growingthroughloss@gmail.com**

**Breakout groups facilitated  
by trained leaders  
who understand  
the grieving process.**

**Each session is complete.  
Attend one or all.**

**Suggested Donation: \$3.00**

**Please register for each session  
at the door.**

**Like us on Facebook:  
Growing Through Loss-  
Twin Cities-South Suburban**



**September 15, 2016  
“Understanding Your Grief  
For All It’s Worth”  
Paul Johnson, M.A.  
Consultant & Trainer  
Woodbury, MN**



**September 22, 2016  
“9/11 – A Survivor’s Story”  
Scott Wallace,  
His wife, Kathy, and  
Their daughters, Kerry and Jayna**



**September 29, 2016  
“How Men and Women Grieve  
Differently”  
Brenda DeMotte, MSW, LICSW  
Founder and Director  
Professional Counseling  
and Grief Services**



**October 6, 2016  
“Finding a Bit of Joy  
in the Midst of Grief  
During the Holiday Season”  
Sue Vento  
Educator/Trainer**

**Sponsored jointly by The Interdenominational South Suburban Grief Support Coalition:**

*All Saints Catholic Church, Lakeville  
Augustana Lutheran Church, West St. Paul  
Church of the Assumption, Catholic, St. Paul  
Church of the Risen Savior, Catholic, Burnsville  
Church of St. John Neumann, Catholic, Eagan  
Church of St. John the Baptist, Catholic, Savage  
Church of St. Joseph, Catholic, Rosemount*



*Church of St. Peter, Catholic, Mendota  
Church of St. Thomas Becket, Catholic, Eagan  
Mary, Mother of the Church, Catholic, Burnsville  
Prince of Peace Lutheran Church, Burnsville  
St. James Lutheran Church, Burnsville  
St. Stephen’s Lutheran Church, West St. Paul  
Shepherd of the Valley Lutheran Church, Apple Valley*

**Spring 2017 Series  
Church of St. Joseph, 13900 Biscayne Ave, Rosemount, MN 55068  
April 18 & 25, and May 2, 9 & 16, 2017**