



# GROWING THROUGH LOSS

**Tuesdays**  
**September 15 thru**  
**October 6, 2015**  
**7:00 – 9:00 p.m.**  
Registration, 6:30-7:00 p.m.

Shepherd of the Valley  
Lutheran Church  
12650 Johnny Cake Road  
Apple Valley, MN 55124  
952-432-6351

For Further Information  
Call: 651-452-8261

E-mail:  
growingthroughloss@gmail.com

*Breakout groups facilitated  
by trained leaders  
who understand  
the grieving process.*

Each session is complete.  
Attend one or all.

Suggested Donation: \$3.00

Please register for each session  
at the door.

Like us on Facebook:  
Growing Through Loss-  
Twin Cities-South Suburban



September 15, 2015  
*“Uncommon Sense About  
Change, Loss & Grief”*  
Brenda DeMotte, MSW, LICSW  
Founder and Director  
Professional Counseling  
and Grief Services



September 22, 2015  
*“Growing Through Guilt and  
Grief: Our Family's Story”*  
Jonathan and Amanda Markle  
Bereaved Parents



September 29, 2015  
*“Dealing with Grief During the  
Holidays”*  
Paul Johnson, M.A.  
Consultant & Trainer  
Woodbury, MN



October 6, 2015  
*“Sensing the Presence of our  
Loved Ones After Death:  
How God Comforts and  
Reassures Us”*  
Pastor Candee Moser  
Ordained Lutheran Pastor, ELCA

Sponsored jointly by The Interdenominational South Suburban Grief Support Coalition:

All Saints, Catholic, Lakeville  
Augustana Lutheran, West St. Paul  
Church of St. John Neumann, Catholic, Eagan  
Church of St. John the Baptist, Catholic, Savage  
Church of St. Joseph, Catholic, Rosemount  
Church of St. Peter, Catholic, Mendota  
Church of St. Thomas Becket, Catholic, Eagan



Church of the Assumption, Catholic, St. Paul  
Mary, Mother of the Church, Catholic, Burnsville  
Prince of Peace Lutheran Church, Burnsville  
St. Paul's United Methodist Church, Mendota Heights  
St. James Lutheran Church, Burnsville  
St. Stephen's Lutheran Church, West St. Paul  
Shepherd of the Valley Lutheran, Apple Valley

Spring 2016 Series  
Church of St. Peter, 1405 Hwy 13, Mendota, MN 55150  
April 5. 12. 19. 26. and May 3. 2016

www.growingthroughlosssouth.com