

Growing Through Loss

Twin Cities South Suburban Coalition

Thursdays, March 5—April 2, 2020

7:00—9:00PM

Registration 6:30PM

Guest Speakers

Shepherd of the Lake Lutheran Church

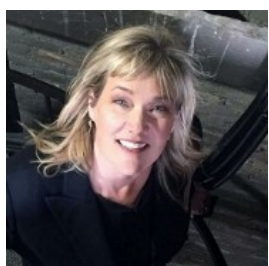
3611 North Berens Road NW

Prior Lake, MN 55379

952-230-2988



March 5, 2020
“Overview of Grief”
Rev. Dr. Verlyn Hemmen, M.Div, D.Min.
Pastor of Care and Small Groups
Peace Church, Eagan



March 12, 2020
“Navigating Grief with Humor”
Melissa Baartman Mork, Psy.D.
Department Chair of Psychology
University of Northwestern, St. Paul



March 19, 2020
“Grief vs. Depression: They’re Different”
Kay King
Older Adults Program Coordinator
& Community Educator
National Alliance on Mental Illness of MN



March 26, 2020
“The Wisdom of a Broken Heart”
Bussho Lahn, CSD, Office Manager
Certified Spiritual Director
Aslan Institute, Eagan



April 2, 2020
“Evening of Remembrance”
Rev. Karen Treat
Pastor of Care Ministries
& McKenna Crossing
Shepherd of the Lake Lutheran Church

Breakout groups facilitated by
trained leaders who understand
the grieving process.

Each session is complete.
Attend one or all.

Suggested Donation:
\$3.00 per session

Please register for each session
at the door.

For more information;
(651) 452-8261
growingthroughloss@gmail.com

www.growingthroughlosstcsouth.com

Fall 2020 Series

Church of St. John Neumann

4030 Pilot Knob Road, Eagan, MN 55122

Mondays, Sept. 14, 21 & 28 and Oct. 5 & 12

Supported by:

All Saints Catholic Church, Lakeville * Augustana Lutheran Church, West St. Paul
Church of St. John Neumann, Catholic, Eagan * Church of St. John the Baptist, Catholic, Savage
Church of St. Joseph, Catholic, Rosemount * Church of St. Michael, Catholic, Farmington
Church of St. Thomas Becket, Catholic, Eagan * Church of the Risen Savior, Catholic, Burnsville
Easter Lutheran Church, Eagan * Good Shepherd Lutheran Church, Inver Grove Heights
Mary, Mother of the Church, Catholic, Burnsville * Prince of Peace Lutheran Church, Burnsville
St. James Lutheran Church, Burnsville * Shepherd of the Lake Lutheran Church, Prior Lake
Shepherd of the Valley Lutheran Church, Apple Valley