

GROWING THROUGH LOSS

TWIN CITIES SOUTH SUBURBAN COALITION

TUESDAYS, SEPT 13-OCT 11, 2022

7:00—9:00PM

REGISTRATION 6:30PM

GUEST SPEAKERS



SEPTEMBER 13, 2022
“QUIT BEATING YOURSELF UP,
TAKING CARE OF YOURSELF
WHILE GRIEVING”
JENNY JOHNSON
PROFESSIONAL COUNSELOR
SPECIALIZING IN GRIEF

CHURCH OF ST. MICHAEL
22120 DENMARK AVE.
FARMINGTON
651-463-3360



SEPTEMBER 20, 2022
“TURNING LOSS TO LEGACY, THE
JOURNEY TO FIND JOY AGAIN”
MITCH CARMODY
WRITER, ARTIST, GRIEF EDUCATOR &
NATIONALLY RECOGNIZED
MOTIVATIONAL SPEAKER



SEPTEMBER 27, 2022
“NAVIGATING PERSONAL GRIEF IN
AN ATMOSPHERE OF LOSS”
JENNY SCHROEDEL
OPTAGE® HOSPICE CHAPLAIN



OCTOBER 4, 2022
“GRIEVING THROUGH SPECIAL
OCCASIONS”
PAUL V. JOHNSON
RETIRED EDUCATOR AND
GRIEF SPECIALIST



OCTOBER 11, 2022
“SERVICE OF REMEMBRANCE”
REV. NICHOLAS FROEHLE
PASTOR, CHURCH OF ST. MICHAEL,
FARMINGTON

FOLLOWING THE SPEAKER, BREAKOUT
GROUPS WILL BE OFFERED AND WILL
BE FACILITATED BY TRAINED LEADERS
WHO UNDERSTAND THE GRIEVING
PROCESS. YOU WILL BE ASKED AT
REGISTRATION WHICH SUPPORT
GROUP YOU WISH TO JOIN.
ONE-ON-ONE LISTENERS WILL ALSO BE
AVAILABLE EACH WEEK.

EACH SESSION IS COMPLETE.
ATTEND ONE OR ALL.

SUGGESTED DONATION:
\$4.00 PER SESSION

FOR MORE INFORMATION;
(651) 452-8261
GROWINGTHROUGHLOSS@GMAIL.COM
WWW.GROWINGTHROUGHLOSSSTCSOUTH.COM

SPRING SERIES 2023
GOOD SHEPHERD LUTHERAN CHURCH
INVER GROVE HEIGHTS
TUESDAYS, APRIL 11—MAY 9, 2023

SUPPORTED BY:

ALL SAINTS CATHOLIC CHURCH, LAKEVILLE * AUGUSTANA LUTHERAN CHURCH, WEST ST. PAUL
CHURCH OF ST. JOHN NEUMANN, CATHOLIC, EAGAN * CHURCH OF ST. JOHN THE BAPTIST, CATHOLIC, SAVAGE
CHURCH OF ST. JOSEPH, CATHOLIC, ROSEMOUNT * CHURCH OF ST. MICHAEL, CATHOLIC, FARMINGTON
CHURCH OF ST. PATRICK, CATHOLIC, INVER GROVE HEIGHTS * CHURCH OF ST. THOMAS BECKET, CATHOLIC, EAGAN
CHURCH OF THE RISEN SAVIOR, CATHOLIC, BURNSVILLE * EASTER LUTHERAN CHURCH, EAGAN
GOOD SHEPHERD LUTHERAN CHURCH, INVER GROVE HEIGHTS * MARY, MOTHER OF THE CHURCH, CATHOLIC, BURNSVILLE
PEACE CHURCH, EAGAN * ST. JAMES LUTHERAN CHURCH, BURNSVILLE
SHEPHERD OF THE LAKE LUTHERAN CHURCH, PRIOR LAKE * SHEPHERD OF THE VALLEY LUTHERAN CHURCH, APPLE VALLEY