

Growing Through Loss

Twin Cities South Suburban Coalition

Tuesdays, September 14-October 12, 2021

7:00—9:00PM

Registration 6:30PM

Guest Speakers



September 14, 2021
"It's All the Things"
An Overview of Grief
Erica Staab-Absher, CMT, BSW
Spiritual Director
Director of HOPE Center, Faribault



September 21, 2021
"Multiple Losses and the Transformative Nature of Grief"
Paul Johnson
Retired Educator and Grief Specialist



September 28, 2021
"Self-Care During Grief"
Brittany Squillace, MA, LMFT
Licensed Marriage & Family Therapist
and Grief Counselor
Best Self Therapy, LLC, Prior Lake



October 5, 2021
"Grieving Shattered Dreams / Finding New Dreams"
Ted Bowman
Educator, Author, and Consultant



October 12, 2021
"Service of Remembrance"
Rev. Karen Treat
Pastor of Care Ministries
& McKenna Crossing
Shepherd of the Lake Lutheran Church

**Shepherd of the Lake
Lutheran Church**

3611 North Berens Road NW
Prior Lake, MN 55379

952-230-2988

Breakout groups will be facilitated by trained leaders who understand the grieving process. You will be asked at registration which support group you wish to join.

Each session is complete.
Attend one or all.

Suggested Donation:
\$4.00 per session

For more information;
(651) 452-8261

growingthroughloss@gmail.com

www.growingthroughlosstcsouth.com

Spring Series 2022

Mary Mother of the Church, Burnsville
Thursdays, April 21—May 19 2022

Supported by:

All Saints Catholic Church, Lakeville * Augustana Lutheran Church, West St. Paul
Church of St. John Neumann, Catholic, Eagan * Church of St. John the Baptist, Catholic, Savage
Church of St. Joseph, Catholic, Rosemount * Church of St. Michael, Catholic, Farmington
Church of St. Patrick, Catholic, Inver Grove Heights * Church of St. Thomas Becket, Catholic, Eagan
Church of the Risen Savior, Catholic, Burnsville * Easter Lutheran Church, Eagan
Good Shepherd Lutheran Church, Inver Grove Heights * Mary, Mother of the Church, Catholic, Burnsville
Prince of Peace Lutheran Church, Burnsville * St. James Lutheran Church, Burnsville
Shepherd of the Lake Lutheran Church, Prior Lake * Shepherd of the Valley Lutheran Church, Apple Valley