

*Sponsored jointly by
The Interdenominational
South Suburban Grief Support Coalition*

All Saints Catholic Church, Lakeville
Augustana Lutheran Church, West St. Paul
Church of the Assumption, Catholic, St. Paul
Church of the Risen Savior, Catholic, Burnsville
Church of St. John Neumann, Catholic, Eagan
Church of St. John the Baptist, Catholic, Savage
Church of St. Joseph, Catholic, Rosemount
Church of St. Peter, Catholic, Mendota
Church of St. Thomas Becket, Catholic, Eagan
Mary, Mother of the Church, Catholic, Burnsville
Prince of Peace Lutheran Church, Burnsville
St. James Lutheran Church, Burnsville
St. Stephen's Lutheran Church, West St. Paul
Shepherd of the Valley Lutheran Church, Apple Valley

Location:

**Augustana Lutheran Church
1400 South Robert Street
West St. Paul, MN 55118
651-457-3373**



Artwork – Annie Wahl

Growing Through Loss



*South Suburban
Fall 2016*

Growing Through Loss provides:

- ✦ Support for adults who have experienced a loss
- ✦ Information about the grieving process
- ✦ Caring and support from others who are also grieving
- ✦ Sharing of memories and feelings in a confidential setting

Support for the following losses:

- ✦ Loss of Spouse
- ✦ Loss of Child
- ✦ Loss of Parent
- ✦ Loss of Other Loved Ones
- ✦ Loss through Suicide
- ✦ Life Transitions; i.e., Job Loss, Loss of Health; Broken Relationships; Mid-Life Changes
- ✦ Multiple Losses
- ✦ One-on-One Support

Following the speaker, a trained facilitator will be at each table to lead the discussion and offer help and support through conversation among the participants. One-on-one listeners will also be available each week.

For Further Information —

Call: 651-452-8261

E-mail: growingthroughloss@gmail.com

Website: <http://www.growingthroughlosssouth.com>

'Like' us on Facebook at:

Growing Through Loss – Twin Cities – South Suburban

*“I will turn their mourning into joy,
I will comfort them.”*

Jeremiah 31:13

September 15

*“Understanding Your Grief
For All It’s Worth”*

Paul Johnson, M.A.
Consultant & Trainer
Woodbury, MN

September 22

“9/11 — A Survivor’s Story”

Scott Wallace,
his wife, Kathy, and
their daughters, Kerry and Jayna

September 29

“How Men and Women Grieve Differently”

Brenda DeMotte, MSW, LICSW
Founder and Director
Professional Counseling & Grief Services

October 6

*“Finding a Bit of Joy in the Midst of Grief
During the Holiday Season”*

Sue Vento
Educator/Trainer

*Each session is complete in itself.
You are welcome to attend one or all.*



Time:

Thursdays, 7:00-9:00 p.m.

September 15 through October 6, 2016

Registration	6:30-7:00
Speaker	7:00-7:50
Support Groups	8:00-9:00

Place:

Augustana Lutheran Church
1400 South Robert Street
West St. Paul, MN 55118
651-457-3373

Suggested Donation: \$3.00 per session
*(All proceeds support the
Growing Through Loss ministry.)*

Our next series will be in the Spring of 2017
Church of St. Joseph
13900 Biscayne Avenue, Rosemount
Tuesdays, April 18 & 25 and May 2, 9 & 16