

SPONSORED BY:

**THE INTERDENOMINATIONAL SOUTH
SUBURBAN GRIEF SUPPORT COALITION**

ALL SAINTS CATHOLIC CHURCH, LAKEVILLE

AUGUSTANA LUTHERAN CHURCH, WEST ST. PAUL

CHURCH OF ST. JOHN NEUMANN, CATHOLIC, EAGAN

CHURCH OF ST. JOHN THE BAPTIST, CATHOLIC, SAVAGE

CHURCH OF ST. JOSEPH, CATHOLIC, ROSEMOUNT

CHURCH OF ST. MICHAEL, CATHOLIC, FARMINGTON

CHURCH OF ST. PATRICK, INVER GROVE HEIGHTS

CHURCH OF ST. THOMAS BECKET, CATHOLIC, EAGAN

CHURCH OF THE RISEN SAVIOR, CATHOLIC,
BURNSVILLE

EASTER LUTHERAN CHURCH, EAGAN

GOOD SHEPHERD LUTHERAN CHURCH,
INVER GROVE HEIGHTS

MARY, MOTHER OF THE CHURCH, CATHOLIC,
BURNSVILLE

PRINCE OF PEACE LUTHERAN CHURCH, BURNSVILLE

ST. JAMES LUTHERAN CHURCH, BURNSVILLE

SHEPHERD OF THE LAKE LUTHERAN CHURCH,
PRIOR LAKE

SHEPHERD OF THE VALLEY LUTHERAN CHURCH,
APPLE VALLEY

FOR MORE INFORMATION:

(651) 452-8261

GROWINGTHROUGHLOSS@GMAIL.COM

WWW.GROWINGTHROUGHLOSSTCSOUTH.COM

GROWING THROUGH LOSS
C/O SHEPHERD OF THE VALLEY LUTHERAN CHURCH
12650 JOHNNY CAKE RIDGE ROAD
APPLE VALLEY, MN 55124

**GROWING
THROUGH LOSS**
TWIN CITIES SOUTH
SUBURBAN COALITION

SPRING SERIES

MARY, MOTHER OF THE CHURCH
3333 CLIFF RD E
BURNSVILLE

THURSDAYS, APRIL 21—MAY 19, 2022
7:00—9:00 PM

REGISTRATION: 6:30PM—7:00PM

SPEAKER: 7:00PM—7:50PM

SUPPORT GROUPS: 8:00PM—9:00PM

GROWING THROUGH LOSS

PROVIDES:

- ◇ SUPPORT FOR ADULTS WHO HAVE EXPERIENCED A LOSS
- ◇ INFORMATION ABOUT THE GRIEVING PROCESS
- ◇ CARING AND SUPPORT FROM OTHERS WHO ARE ALSO GRIEVING
- ◇ SHARING OF MEMORIES AND FEELINGS IN A CONFIDENTIAL SETTING
- ◇ ONE-ON-ONE SUPPORT

SUPPORT FOR THE FOLLOWING LOSSES:

- ◇ LOSS OF SPOUSE
- ◇ LOSS OF CHILD
- ◇ LOSS OF PARENT
- ◇ LOSS OF OTHER LOVED ONES
- ◇ LOSS THROUGH SUICIDE
- ◇ LIFE TRANSITIONS: I.E., JOB LOSS, LOSS OF HEALTH, BROKEN RELATIONSHIPS, MID-LIFE CHANGES

FOLLOWING THE SPEAKER, BREAKOUT GROUPS WILL BE OFFERED AND WILL BE FACILITATED BY TRAINED LEADERS WHO UNDERSTAND THE GRIEVING PROCESS. YOU WILL BE ASKED AT REGISTRATION WHICH SUPPORT GROUP YOU WISH TO JOIN. ONE-ON-ONE LISTENERS WILL ALSO BE AVAILABLE EACH WEEK.

SPRING SERIES GUEST SPEAKERS

APRIL 21, 2022
“UNDERSTANDING GRIEF”
MARY MARCOUX
BEREAVEMENT PROFESSIONAL

APRIL 28, 2022
“GRIEF: SELF CARE ”
BOB BARTLETT
LOCAL & NATIONAL SPEAKER
ON GRIEF AND LOSS

MAY 5, 2022
“MYTHS OF GRIEF”
BRENDA DEMOTTE
PROFESSIONAL THERAPIST,
SPEAKER & AUTHOR

MAY 12, 2022
“HOW GRIEF AFFECTS OUR MINDS”
MARK HAMMERSTROM
GRIEF SUPPORT FACILITATOR

MAY 19, 2022
“SERVICE OF REMEMBRANCE”
REV. DR. VERLYN D. HEMMEN, D. MIN.
CHAPLAIN/EDUCATOR AT
NORTH MEMORIAL HOSPITAL AND
MINISTER OF PASTORAL CARE AT
PEACE CHURCH, EAGAN



GROWING THROUGH LOSS

TIME:

REGISTRATION: 6:30PM—7:00PM

SPEAKER: 7:00PM—7:50PM

SUPPORT GROUPS: 8:00PM—9:00PM

PLACE:

MARY, MOTHER OF THE CHURCH
3333 CLIFF RD E,
BURNSVILLE
952-890-0045

SUGGESTED DONATION:

\$4.00 PER SESSION

(ALL PROCEEDS SUPPORT THE
GROWING THROUGH LOSS MINISTRY)

EACH SESSION IS COMPLETE IN ITSELF.
YOU ARE WELCOME TO ATTEND ONE OR ALL.

FALL SERIES 2022
TUESDAYS, SEPTEMBER 13, 20, 27
OCTOBER 4 & 11
CHURCH OF ST. MICHAEL
FARMINGTON